



# *Arthog Residential Visit*

*Parents' Information Meeting  
Thursday 13<sup>th</sup> February*

## Dates and Staff

Monday 19<sup>th</sup> May to Friday 23<sup>rd</sup> May

The children will be accompanied by:

- Mrs Fryer - Year 6 Teacher
- Mrs Maddock - Year 3 Teacher
- Mrs Spink - Year 5/6 Support Assistant
- Mr V - Crossbar Coach



*Arthog Outdoor Education Centre is situated just outside the village of Arthog and is approximately a mile from the costal town of Fairbourne.*



### Day of departure:

The children should arrive at school on the morning of Monday 19<sup>th</sup> May at 8:35am, taking their named luggage into the school hall via the double blue doors, where they should then wait for registration.

The children will leave school by coach at 9:15 am and will travel to Arthog.

Children will require a packed lunch and their water bottle for the first day. This needs to be in a named disposable bag and kept separate to their luggage.

## Medication:

Any medication that your child takes **MUST** be given to Mrs Fryer **IN A NAMED CONTAINER** with a school medical form attached - these are available from school office.

Mrs Fryer will be sat at a table to collect all medication.

## Tuck Shop:

Arthog open the tuck shop throughout the week and each group will have an allocated slot.

We would suggest a MAXIMUM amount of £10.00 as pocket money.

The children will be responsible for their own money.

# What to take...

- The kit list outlines everything that you will need.
- Involve children in packing if you can then they can see what they are taking with them.
- Write their name on everything!
- Bring a single bottom sheet, duvet cover and pillowcase.
- Practise fitting a duvet cover with your child before arriving.

# Clothes

- Casual warm clothes are most useful.
- Layers are better.
- If clothes get wet, they can be dried in the drying room (we encourage pupils to reuse dried worn clothes).
- **AVOID** jeans as they are not suitable for activities and they stay wet for a long time making children colder.
- **DON'T** bring a sleeping bag.
- **AVOID** aerosol deodorants/sprays. Roll on or stick deodorants are fine.



# Arthog provide...

- Waterproof jacket
- Waterproof over trousers
- Walking boots
- Rucksacks

# Kit list

- Coat (with them on coach)
- 4-6 vests/t shirts
- 3-5 sweatshirts/jumpers/fleece tops
- 6-8 sets of underwear
- 3-5 joggers/trousers
- Socks at least 6-8 pairs of which 3 are thick
- Warm hat (for winter)
- Gloves
- 2 pairs of shoes/trainers

## Kit continued...

- Towels, soap and shampoo
- Toothbrush and toothpaste
- Metal drinks flask (for winter)
- Plastic drinks bottle - named
- 2 plastic carrier bags
- Sun hat (for summer)

# Useful extras

- Sun cream
- Insect repellent
- Lip balm
- Torch
- Plasters
- Stamps for postcards



During their week stay at Anthog  
the children will take part in a  
range of outdoor activities in and  
around the Centre.





# Arthog Staff

- Being an Outdoor Education Centre, owned and run by the Borough of Telford & Wrekin, all staff are:
- fully DBS Checked;
- fully qualified to lead outdoor pursuit activities such as canoeing, rock climbing and caving; and
- all activities are health and safety checked.

# Types of Activities

- Mountain Walking (John Muir Award)
- Canoeing
- Gorge Walking
- Surfing
- Rock Climbing
- Scrambling/Climbing
- Orienteering
- Also included is a night line walk and a beach visit



# Mountain Walking





# Gorge Walking



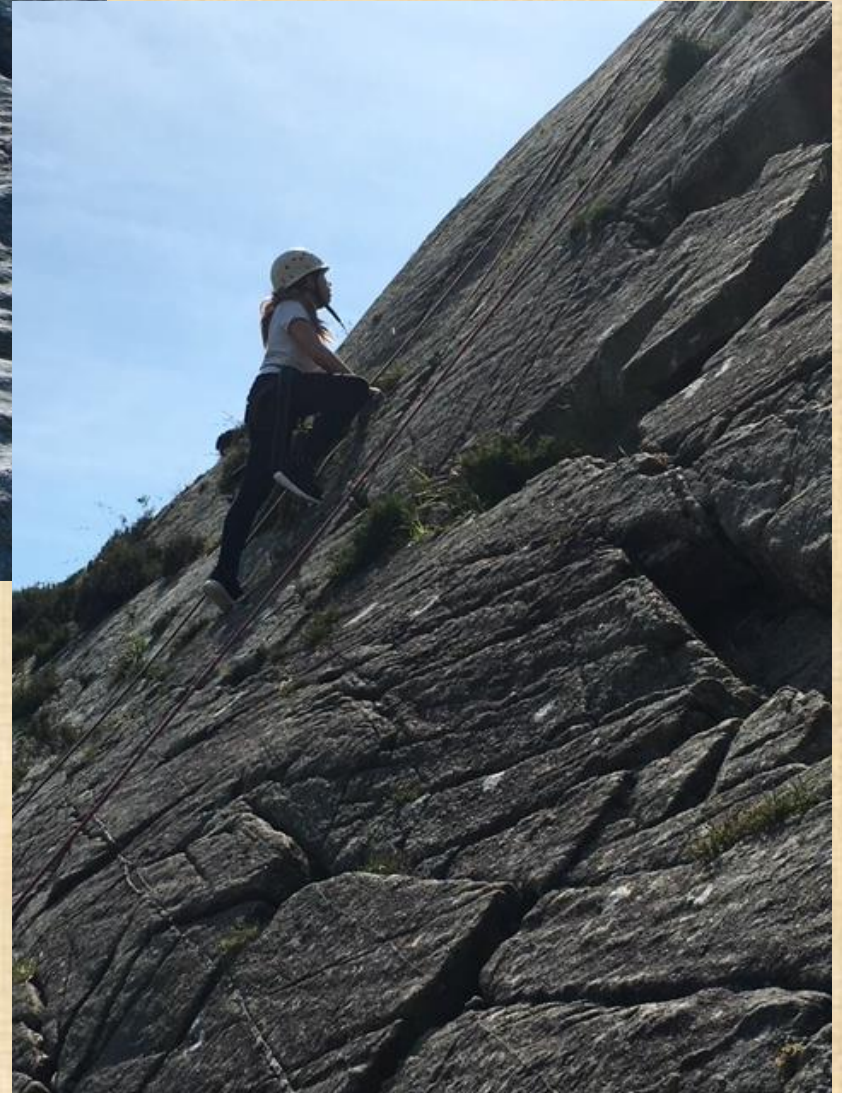
13/06/2017 10:30



# Gorge Walking

Gorge Walking is an outstanding group challenge involving the pupils helping each other through the rocky terrain of a mountain stream.

Waterfalls, pools and slides make this one of their wetter sessions.



Rock Climbing

# Rock Climbing

Rock climbing and abseiling are exhilarating and rewarding challenges, actively involving all students, where self-confidence, co-operation, trust and teamwork develop. Confidence and skills are nurtured within the session to ensure everyone achieves to an appropriate level.





# Canoeing







# *Climbing and Scrambling*







# Surfing





# Orienteering







*Views from the Mountain Walk*



# The Arthog Centre











# Evening Activities

- The children will have free time each evening. However, after dinner there will be a planned activity for the children to take part in.
- Night Walk
- Nightline
- Beach activities



# Nightline









# Night Walks



If you've not yet returned any of the following:

- Consent Forms
- Medicine Consent Form
- Kit List
- Anything we need to know?
- Please do so ASAP. The school office have everything you need.



# Remember!

No mobile phones or electronic games/ equipment and no spray deodorants etc...



The approximate time of  
arrival back at Randlay  
Primary School is 3:30 pm.

Any Questions?